

Bench Press

EC Classic Champs

25 October
2025

AGE GROUP	DEV	DIV	NAME & SURNAME	BODY WEIGHT	BENCH PRESS						TOTAL (kg)	IPF GL Pts.	POSITION	INCENTIVE BADGE
					1st		2nd		3rd					
WOMEN BENCH PRESS														
Sub Junior	Classic	57	Lianie Bakkes	56.50	40.0	+	42.0	+	45.0	+	45.0	40.28	First	Orange
Sub Junior	Classic	76	Kobie Mellet	72.10	47.5	+	50.0	-	50.0	-	47.5	37.19	First	White
Sub Junior	Classic	84+	Abigaill Doyle	85.40	57.5	+	60.0	+	62.5	+	62.5	46.44	First	Yellow
Sub Junior	Classic	84	Clarissa Gallant	80.90	55.0	+	57.5	+	60.0	+	60.0	45.21	First	Yellow
Junior	Classic	69	Chante Mulder	68.80	55.0	+	60.0	+	62.5	+	62.5	49.90	First	Green
MEN BENCH PRESS														
Youth	Classic	83	Dante de Beer	79.80	60.0	+	62.5	-	62.5	-	60.0	30.75	First	White
Sub Junior	Classic	59	Raydon Damons	55.00	60.0	+	67.5	+	70.0	+	70.0	43.93	First	Yellow
Sub Junior	Classic	74	Alan de Beer	71.40	107.5	+	112.5	+	115.0	-	112.5	61.15	Second	Blue
Sub Junior	Classic	74	Leon Naidoo	72.30	110.0	+	115.0	+	117.0	+	117.0	63.17	First	Blue
Sub Junior	Classic	74	Luke Joosten	71.50	75.0	+	82.5	-	82.5	+	82.5	44.81	Fouth	Yellow
Sub Junior	Classic	74	Kyle Joosten	71.60	100.0	+	110.0	+	112.5	+	112.5	61.06	Third	Blue
Sub Junior	Classic	83	Henre van der Berg	79.70	100.0	+	105.0	+	110.0	-	105.0	53.86	Second	Orange
Sub Junior	Classic	83	Livo Sitatu	75.40	95.0	+	100.0	+	105.0	+	105.0	55.44	First	Orange
Sub Junior	Classic	120	Julian Christie	110.60	77.5	+	80.0	+	85.0	+	85.0	37.17	First	White
Junior	Classic	59	Samuel Meshilinie	57.90	80.0	+	85.0	+	92.5	+	92.5	56.40	First	Blue
Junior	Classic	83	Vincent Davies	80.70	100.0	+	110.0	+	115.0	+	115.0	58.61	First	Green
Master 3	Classic	93	Clive Geldenhuys	88.00	65.0	+	70.0	+	75.0	+	75.0	36.57	First	White
Master 3	Classic	120	André Ludik	105.60	82.5	+	-		-		82.5	36.84	First	White